

16.03.2020
First lockdown measures
in Switzerland

27.04.2020 First relief measures

15.06.2020
Reopening of borders with neighbouring countries



INDIVIDUAL INTERVIEWS / 20.04 - 20.05.2020 / 60 participants / FR

Aims: Through semi-directive interviews, the objective was to carefully listen to individuals' subjective experiences, by deepening some of the aspects questioned in the survey. More specifically, the interview grid aimed at understanding how individuals were managing the daily adjustments imposed by the lock-down situation as well as the resources used to deal with them, from the living space, material, temporal, social, emotional and physical points of view. It also questioned feelings regarding the media, the evolution of personal experiences of the pandemic over time, as well as their view of the future in this context.

How_ The interviews lasted 1 to 2 hours. They were conducted on virtual call platforms or by phone by 3 psychologists.

Coordination: UNIL, PHASE

Contact: marie.santiago@unil.ch; angelick.schweizer@unil.ch; fabienne.fasseur@unil.ch



Candidates selection_ The persons that have been interviewed individually were enrolled on a voluntary basis from the registration file coming from the online survey. Candidates studying at the EPFL and UNIL were not selected in order to seek the diversity of the sample.

Demographics_ Over the 60 people interviewed individually, 39 were women and 21 were men. Participants were 46 years old on average, the youngest person being 24 and the oldest one 80 years old. Three-quarters of them were in a relationship (married or not). About the same proportion was living in apartments, mainly including 2 adults (for 21 of the respondents), 2 more children (for 10 of them), or 1 person (15 of them). None of the interviewees had moved during the lockdown.

Educational background and professional profiles_ The majority of them (29) had a Master's degree (highest diploma). The others held a Bachelor diploma (11), a Federal Certificate of Ability (1), a Doctorate (7) or a Federal Certificate (3). At the time of the survey, more than half of the interviewees were employees (38). Some of them were combining their job with studies or with self-employed jobs, the latter status being shared at least part-time by 9 people. Among the persons without paid activity, 2 of them benefit from AI, 3 are unemployed, and 10 are retired. The most represented sectors of activity are health and social work (16) and teaching and education (15). Next come specialised, scientific and technical activities (7), and other varied sectors, such as financial and insurance activities (4).